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## PERSONAL JOURNAL NUMBER TWO

June 16, 1978 I think the country is going through a sea change. For the past five years or so the citizenry have been voting down tax raises, refusing higher school tax rates, etc.

The drastic tax cut inherent in Proposition 13 which California voters approved is the biggest, most serious, most noticeable symptom so far.

The sea change signals a return to "old fashioned" money/credit conservatism. It signals a kind of American social unconsciousness—our social instinct—turning us as a nation back on course. There has been a subtle sense of national unease brought on by the Vietnam war, the Watergate mess, and the endless, increasing deficits, the endless increase of government power and control, and the (perhaps primary) increasingly disturbing ever-increasing inflation and the attendant warping of the economy and the increasing evidence of crisis in the underlying illiquidity of banks, businesses, government and people.

We as a nation "sense" a terrible retribution—an end to the free lunch—and....

Is the present, ever increasing imbalance in the economy—the terrible debt load—responsible for the social "sea change"? I think so. I think a long-wave cycle in human affairs is changing, and people sense it on some level.

The crisis has another side to it: Do the people have the fortitude to resist government "help"?

Almost every economist and businessman in the world thinks at least a recession will hit this country in late 1978 or early 1979. But almost all of them do not mention the desperate basic weakness and vulnerability of the national and international debt structure.

My worry is that even a small recession could trigger a series of defaults and bankruptcies which, like a magnificent row of dominoes, could bring about an endless five year liquidation of bad

debts worldwide.

Such a sequence of events would inevitably bring cries of "Save us!" to the government from large segments of the people, and the politicians would do so—at the cost of freedom and the further warping of the American way-of-life. We would end up in a U.S. version of what the USSR is today. We would have the forms of democracy but not the substance.

(Many observers think that's what we have now.)

# I can't fault the Supreme Court for its ruling that stops construction of that \$116 million Tennessee dam in order to save/protect the 3" snail darter fish.

That's the way Congress wrote and passed the law. The job of the Court is not to make law or amend bad law; it is to decide if a given law before it is constitutional, and to settle ambiguous cases involving badly written law.

The intent of the Endangered Species Act is clear—whether the species is an elephant or a 3" fish. The size of the species isn't a factor.

Congress will have to change the law and admit it screwed up.

# The Senate is at present locked up in a 17-day filibuster over a new labor law. The Democratic establishment is trying to pay off labor for help/money received in the last election (and hoped for in the next), but business groups think the provisions make it too much easier for unions to organize in the sun belt.

There have been five attempts to cut off the filibuster and all have failed. There will be another attempt on June 20 or 21.

The point of this comment is that unless the filibuster is broken soon, the Senate will not be able to act on the bill to guarantee 1½ billion \$\$ of NY city paper, by June 30th when we are told NY city will run out of cash to pay

THERE'S ANOTHER MONEY-MAKING HUSTLE SHOT TO HELL....

Biorhythms, the idea that there are separate physical, emotional and intellectual cycles operating in each of us, each cycle of different length, with inevitable conjunctions of "lows" and "highs"...has been a recent fad, with considerable money made off the concept as firms provide people with charts of their cycles and advise of "critical" days and weeks... Etc.

Well, it seems that three researchers at Laurentian University at Sudbury Ontario (Canada) analyzed 400 mining accidents from two separate industries in relation to the "critical days" supposed to occur periodically according to biorhythm cycles theory, and found that the cycles of the miners didn't jibe with their supposed "down" cycles. There were no relationships apparent at all, anyhow.

Biorhythms, rest in peace.

its bills and payrolls. The House has already passed its NYC loan guarantee bill, but differences will have to be worked out and the compromise version passed again by House and Senate.

But—there are billion-dollar deficits (still) built into the NYC budget, and these loan "guarantees" (which sound better to lawmakers than outright loans) will serve to keep the city afloat only another year or two, whereupon the city will come back, hat in hand, having defaulted on the loans, for another round of federal charity. That's probably when the money will stop.

# Clearly the Rockefeller/Morgan ruling clique does not control the Supreme Court. The Court just ruled that a state law (Maryland) which forbids oil companies from owning retail outlets is constitutional.

It should be remembered that the oil companies took advantage of the 1974 oil



embargo by OPEC to drive independent service station operators out of business.

However, one state does not make a nation, and I wonder how many other state legislatures will buck the big oil companies and the money establishment by passing similar laws.

6-20-78 I paid my usual four-year visit to my doctor to have a complete physical, yesterday. It involved a fast of 19 hours beforehand, so that my blood, when they took their huge testing supply, would be in an "uncontaminated" condition... (by sugars, fats, etc. coming in from the intestines.) They want a stable blood serum.

Anyway, Doc Myers took my blood pressure and was pleased (as was I) to find it at 140/80, which is nice and normal for a man my age. I was without tranks or coffee in my system, so that reading may be a true figure. Or it could mean there is a long-lasting effect from Meprobamate.

He couldn't get any leg-jerk reflex from my knees (with the little hammer) or an ankle reflex. I simply cannot relax in a medical situation, and some of the tests given simply are useless, like the EKG attempted.

With an EKG they attach electrodes to your ankles, wrists, chest and back. They turn on the machine and watch the squiggles a stylus makes on a moving strip of paper.

Except I am "as tight as a guitar string" and muscle tensions here and there ruin the readings. So I suggested they give me a 10mg Vallium (since my dentist gives me 5mg and it works nicely). They did, and after 10 minutes I was relaxed enough to allow a fairly good test. (No problem with my heart, it showed) But after another ten minutes I was so loose I was staggering, and I got chewed out for asking for such a large dosage. They were all worried about me riding home two miles on my bike.

But I made it. Sort of like riding after two beers on an empty stomach.

They will call me if the blood tests show anything amiss.

# I see that the OPEC meeting resulted in a freeze on oil prices to the end of

1978, with "cost-of-living" increases probably scheduled to start early in 1979.

US \$\$ inflation (i.e devaluation) since 1974 has reduced the true cost of oil by about 50%.

The Saudi's are the ones who are keeping the price stable in dollar terms for fear of endangering their huge investments in U.S. and Europe. Plus, there is an oil glut in the world...

The glut frustrates the hell out of the new Energy Dept. which can't get a "good" (controls-laden) energy bill out of Congress because nobody believes there is or will be another energy crisis in the foreseeable future.

But the Saudi's will soon have to choose between protecting their investment profits or protecting their primary oil profits. And the other OPEC countries are putting more and more pressure on for a price increase.

The next major decision-making meeting on Dec. 1, should be verry interesting.

# A Loyola University at Chicago biology professor reported that an experiment with 105 mice showed that breast tumors regressed when administered a combination of Laetrile, enzymes and vitamin A. There was a 90% cure rate—the tumors had disappeared.

The professor, Harold Manner, is at work now on other controlled experiments to find out which combinations of these ingredients is most effective. He said so far there is no evidence that Laetrile is effective alone.

It could be that the combination of one million units of vitamin A a day plus enzymes from garden peas, lentil beans, papaya plant, the thymus gland of calves and the pancreas of beef cattle are the effective factors...which would make for all kinds of embarrassments in the AMA, the American Cancer Society, and the National Health Federation. Imagine the shock waves—the loss of profits!!—if it were possible for the average citizen to cure his own cancer with a couple hundred dollars worth of vitamins and digestive supplements from the nearest health food store!

6-23-78 The senate leadership lost

its bid to cut off the anti-labor bill filibuster. Now the bill is back in committee having its guts torn out and right arm amputated. It may come back later in the year for another try at passage. In the meanwhile, the Senate can get to work on other pressing matters...like "guaranteeing" loans to New York City which will probably never be paid back (forcing the US Treasury to pay them one or two years from now ((but out of sight, out of mind))).

#There is some evidence that the Rockefeller/Morgan establishment and their political agents (notably Carter, Mondale and Blumenthal, to mention the top echelon) are unwilling to accept the seriousness of the current taxpayer revolt and won't be convinced until the movement is an avalanche beyond stopping.

A report today said that Carter may decide to veto a tax cut bill because it isn't to his statist liking, and may do it just before the November election.

Meanwhile, droves of highranking Democrats, sensing the gale with their sensitive antennae, are embracing budget-cutting like mad...in word, if not in deed.

#Carter is trying to shame/blackmail Congress into passing some kind of oil tax segment of his energy plan, so he can show up at a late-1978 big-nation economic conference with something in his hand except shit. He threatens to impose an import charge on oil—a bitter pill to his bosses, but one which they may have to take.

Carter must be overjoyed at the prospect of vetoing tax cuts and imposing price increases on oil and gas in late 1978 as heavy Social Security tax increases are about to take effect and as a recession is settling in.

#There is a 1% tax limitation initiative going around Oregon now (almost a carbon copy of California's Prop. 13) and the state and local politicians know in their guts it will get on the November ballot and will pass. Headlines today in The Oregonian: STRAUB REVEALS \$6 MILLION SLASH IN WELFARE BUDGET and (mayor) GOLDSCHMIDT PUSHES CITY HIRING FREEZE.

# MOVIE REVIEWS: THE DUCHESS AND THE



DIRTY WATER FOX follows two "immoral" people—Goldie Hawn as a prostitute not above theft and fraud, and George Segal as a small-time con man and poker cheat—as they meet, squabble, fall in love, evade the law and those they have cheated (including each other, at times) and finally survive a sure-death situation to go on together to live happily ever after in bounteous grift.

The movie is funny, crude-mouthed, and humorously realistic about life in the 1890's or so.

If this plot and these actors were set in present-day France (say) this movie would be hailed as a "hilarious, satirical indictment of human greed. A masterpiece...."

Here, it's a very good comedy western. The snob critics will ignore it.

MOTHER, JUGS and SPEED proves that Bill Cosby is worth seeing in anything he cares to do. Good supporting cast in this sometimes serious comedy about a marginal ambulance company and its employees. Raquel Welch, the aging sex queen, reminds me of the former 'stone face' actor, Vic Mature. Still, she does have those tits....

ANNIE HALL is a trendy, very good comedy about a woman's slow realization of self and final assertion of freedom. Woody Allen and Diana Keaton are perfectly cast...because the picture is essentially autobiographical for them both. They play themselves for laughs, with serious undertones.

LOVE AND DEATH is Woody Allen's version of WAR AND PEACE. A good film.

As he has aged and gained experience, his movies have shifted more and more away from outrageous ham and slapstick, to more character and situation comedy.

6-25-78 Anita Bryant will just die... but a study of 37 children being reared by either female homosexuals or by parents who have changed sex shows that 36 of the kids are sexually normal in behavior and orientation. It seems that school and peer pressure (and perhaps hormone balances) have more weight in sex development than "irregularities" in parent sex activity.

# Here's another medical catch—22: in a study on monkeys it has been shown that a vasectomy, besides sterilizing the male, accelerates the atherosclerosis resulting from a high cholesterol diet.

It suggests that men who have had a vasectomy for worry-free screwing may now have something to worry about. Get lean, guys, and stick to polyunsaturated fats, and cut down on sugars.

# The new ABC 60 MINUTES copy, 20-20, led off with a blockbuster segment last week when it showed that Ford in the past (and perhaps now, too) has a penchant for placing gas tanks too far to the rear in its cars. Right next to the rear bumper, in fact, so that in a solid rear-ender the tank often leaks and the metal-on-metal crunch can and does cause sparks which can and has caused an inferno. Most foreign cars have gas tanks positioned over or ahead of the rear axle, safe from all but an absolute wipe-out collision.

A word to the wise—when buying a new car, think about where the gas tank is. You could save your life.

(Gad, that program must have cost Ford and other auto companies millions in soon-to-be-lost sales.)

# The June 14th INFLATION SURVIVAL NEWS-LETTER has a lead article on the Kondratieff Cycle by Murray N. Rothbard. The Kondratieff Cycle theory is that approximately every 50 years the world economy goes bust.

Rothbard examines the "wave" and finds that it is based on insufficient data, a heavy leaning on wholesale price cycles, and wish.

I tend to agree. But there is a long-wave cycle operating in the world economy, made more potent and dangerous by instant communications and the transnational corporation. That is the boom/bust cycle of debt which starts very slowly after a bust like 1929-33 and which gathers momentum and desolate-must-keep-it-going dynamics in the last ten to fifteen years of its life.

In my view we are in the last-ditch stages of the cycle now, with a bust just beginning to be born.

# Politicians to be watched: Rep. William S. Cohen (R-Maine), Sen. John C. Dan-

forth (R-Mo.), Illinois Rep. Gov. James R. Thompson, and West Virginia Dem. Gov. John D. Rockefeller IV.

These men have recently been added to the membership of the Trilateral Commission which is run by the Rockefeller power group. It is from this group and from the Rockefeller dominated and founded Council on Foreign Relations that our "democratically chosen" political leaders come from, and it is from these two groups that ALL of the powerful Cabinet and Department heads are picked.

# The Proposition 13 tax cut passed in California is a time bomb; for a year the state can pour 5 billion dollars in to local government to cushion the effects of a major property-tax cut, but next year... That's when the blood will flow.

# A reader sent a clip from the Albany NY DEMOCRAT-HERALD which reports on a University of Rochester discovery that an inexpensive mouthwash made from calcium and phosphate in a super-saturated solution is extraordinarily effective in preventing cavities. Not only does it prevent tooth decay, it makes teeth shiny white.

'The mouthwash, according to the university, was developed to prevent radiation-induced tooth decay in cancer victims. But study has shown it works just as well on the rest of the population. Best of all, the stuff is cheap and its use is said to have no adverse effects of any kind.'

Question: Are calcium and phosphate easily mixed? Are they easily available? What are the proportions?

Since the story mentions that regular brushing and flossing of the teeth is also required, most dentists are safe from massive loss of income, given the laziness of most people.

Still...for those who do really want to save thousands of dollars over a lifetime, this stuff should be available, and it should be possible to mix it yourself.

6-29-78 In spite of a scathing WALL STREET JOURNAL editorial today, the Senate passed the NY City loan guarantee bill. The JOURNAL says the guarantees



are scheduled to last just long enough to get the Big Banks off the hook concerning their liability for dumping a lot of their NY city bonds onto the public a few years ago, knowing the bonds were soon going to be worth shit. The state set up an agency to substitute longer term bonds for the short-term city paper, but some bondholders still were burned.

Then the federal government came in with loans. And now the federal government has come to the rescue again, it seems, to keep Chase Manhattan and others from massive lawsuits and from massive losses (because those substitute bonds are also mostly hope and thin air.)

As soon as the statute of limitations runs out on those bank sales of NY city paper, then perhaps a real, final, legal admission of bankruptcy for New York city will be allowed to occur.

# The Bakke case was "handled" by the Supreme Court with a decision that some call 'evenhanded', 'Solomon-like' and 'fair'.

What the Court did was avoid the issue of racism and settle for a politically ambiguous mush which in essence tells the decision-makers of colleges, and bureaus, etc. that racist-based "affirmative action" quotas are too ex-

PLICIT, too obvious... From now on they must be vague and foggy in their racism, so that embarrassing cases like Bakke can't be mounted successfully. (Never mind about equal protection and equal rights and precision and unconstitutional vagueness. We are now a nation governed...in this area...by interpretation by men, not by clear, unambiguous laws.)

And we have come from wanting to wipe out racism of any kind in the private sector, to a position of selective statist racism "of the good kind".

No wonder it was a 5-4 decision and resulted in nine different written "judgments" by the Justices. Those poor, weak, pitiful men. What a quagmire they have gotten this country into.

# I had been wondering why Gulf Oil was so continually in hot water with the U.S. regulatory agencies and the Justice Dept., and etc. Now I know. Gulf is controlled and largely owned by Europeans...part of the Rothschild complex, I imagine, and the harrassment by the U.S. government is in response to the wishes of the Rockefeller/Morgan financial locus who control the U.S. government.

# Inflation continues at 11+%, and the Big Banks have upped the prime interest rate to 9%. And OPEC has more or less let it be known that a 5% raise in crude oil prices is due in January, 1979.

Plus, in early 1979 Social Security tax bite goes up, and there is a scheduled increase in the minimum wage.

All of the above tax and cost increases will further diminish the real disposable wages of people, and decrease further the profit base of businesses.

The stage is set for stagnation and recession, of which we are in the early stages now.

The one thing that could do some good is the Steiger amendment which would lower the capital gains tax to 25% (where it was before 1969) from the present 50%.

I know this is boresville for most of you, but since 1969 this country's investment has soured and our factories have deteriorated and debt has soared because risk capital has dried up...because of the lack of incentive to save and to invest savings—because of a lack of a prospective reward big enough to justify the risk.

There is a strong movement in Congress to reduce the present capital gains tax to 25% and free a lot of money for investments which produce jobs and opportunities for everyone.

But Carter and Blumenthal and the Rockefeller establishment are against it! How could this be? Wouldn't the Big Money boys benefit?

I have <sup>been</sup> told that there is a little-noted clause in the Steiger amendment which would result in the multi-nationals and huge conglomerates paying more taxes than they do now.

If so, this would explain the fatuous Carter lies in his press conference, two days ago, about the amendment, and Treasury Secretary Blumenthal's opposition.

# The William Safire column of June 30th points out two instances of Carter being a figurehead president who, in spite of his deperate and pathetic cries that HE is the President and HE makes the decisions, is actually often ignored and either misinformed or kept in ignorance of what his fellow Rockefeller Trilateralists and CFR men are doing in the White House and in the Cabinet and CIA (known as the Rockefeller right arm).

Zbigniew Brzezinski's National Security Council staff has been pushing for linking sales and aid to Russia to Russia's behaving in Africa; but Carter said right out loud that he didn't know anything about it—when Washington has been buzzing about it and the Brzezinski-Vance fight over the policy for weeks!

And Carter didn't know that CIA-head Turner had visited Sen. Clark with a plan to send arms indirectly to anti-communist and anti-Castro rebels in Angola.

Safire: 'The President tells us, "I had no knowledge of that nor have I ever intended to send weapons to Angola, directly or indirectly."'

'The truth is that the Special Coordination Committee (Brzezinski, Vance, Brown, Turner) met on April 7 to see what could be done in Angola; at a follow-up meeting two weeks later, Turner was told to approach Clark. The CIA chief took a detailed written proposal with him and sat in Clark's office

THE NICE THING ABOUT PAPER TIGERS IS YOU CAN FILE THEM.





while he read the indirect-aid plan.'

Carter now insists he read about this plan in the newspapers.

So—is he lying, to avoid responsibility for trial-ballooning an Angolan adventure? Or is he so ignored by the other (more important?) Trilateralists in his cabinet that they don't even bother to let him in on what plans they have for the country? Is he held by them in such contempt?

I begin to feel sorry for Jimmy Carter; it can't be easy for him—to appear such a fool or such a con man to the public, and especially to those who know clearly what's going on.

He's a fraud—a puppet—a mouth-piece for the Trilateralist foreign and domestic policies. His grin must be getting pretty thin.

# The Holt Executive Advisory (a bearish Wall Street financial publication) (and thank you to whoever bought me a subscription!) sees a sell-off in stocks coming after the end of June. They feel that large institutions are buying stocks to "window dress" their quarterly reports. But in July...ah, there will be few suckers to unload upon and the speculators will be facing very heavy losses, hence a get-out-at-any-cost cycle may begin.

# AN UNMARRIED WOMAN—review. Jill Claybaugh gives a really fine, Oscar-level performance as a pretty, thirty-ish woman facing the trauma of divorce and having to cope as her husband of 16 years leaves her for a younger woman, and leaves her to cope/care for 15 year-old daughter.

It's a long movie—I think over two hours, yet it never bores. It is also funny/sad/true-to-life. An R-film, it has some brief nudity and naughty words. But everything is done well, and everybody is fine.

I found it hard to believe that an internationally known painter, wealthy, played by Alan Bates, can make a living by pouring paint on-a-slant over huge canvases. But I do believe it, because I know modern art is 90% fraud and fad and 10% skill and talent. But that's another subject...

Claybaugh is better in this than Jane Fonda in KLUTE, and as for Dianna Keaton—Jill acts. Keaton does person-

ality schtick.

Do see AN UNMARRIED WOMAN.

7-1-78 I look with an extremely jaundiced eye at the continuing faddish, knee-jerk anti-nuclear power movement in this country which is peopled by a coalition of neo-Luddites, childish anti-authoritarians, socialists and know-nothing & think-nothing groupies who attach to the latest "movement."

I consider that many of these big anti-nuclear power demonstrations are financed by Big Money—the Saudi's, for instance, and by those who are in competition with nuclear power, and I examine the emotional arguments of the anti groups, and I shake my head at the obvious mass manipulation going on.

Consider. There is another power-generating complex/system which has a terrible record for safety and property damage. EVERY YEAR people are killed by this system when major installations collapse and cause widespread havoc and deaths.

There is no movement to ban them.

There is a well-financed "movement" to stop a power generating system which has not caused widespread damage or killed dozens of people per year.

How come?

How come it's okay to have thousands of dams in this country, and every year have a couple of them collapse and wipe out a valley—people, animals, houses, the environment! Sweet Jesus, does no one CARE about the precious environment when a dam bursts? Think of the DAMAGE done to the local ecology!

No, the new left, the anti-authoritarians, the bluejeans and overalls crowd in their sports cars don't even think about dams.

So, why is there such a visible and powerful anti-nuclear power movement, when, by logic and common sense there should be an even larger campaign against dams?

Ask who benefits from the limiting and harrassment and closing down of nuclear power plants?

Since all the power generating dams that can be built on the nation's rivers have been built, where will the great mass of new power-generation come from in the future if the nuclear option is

made prohibitively expensive with delays and propaganda?

The sun? Hah! Sun power is a pie-in-the-sky item; funded research is aimed to provide lip-service to the ideal. Somehow...a "practical" sun-power option will not be found.

The same for geothermal power, and ocean-wave power.

Somehow, we'll be stuck with good old oil and gas and coal generated power until those supplies absolutely are almost gone.

THEN....

7-2-78 Two out of three of the federal Nuclear Regulatory Commissioners voted for an indefinite halt to the construction of the huge Seabrook nuclear power plant...in order to study alternatives to the site.

This, after years of dilly-dally by the Commission and final okay of the site, and after years of court fighting over whether the warm water from the plant would harm some local coastal sea life. The courts okayed the continuation and completion of the nuclear power plant. The government okayed it.

THEN the Clamshell Alliance held its much publicized demonstrations and sit-ins... And now the government has flip-flopped again, in spite of the advanced stage of construction of the plant.

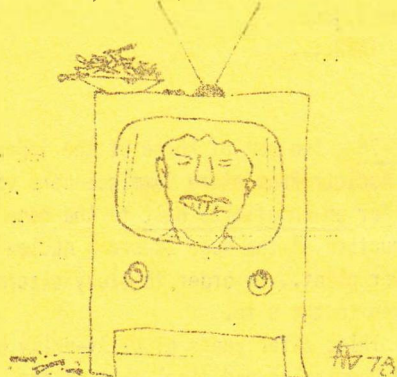
Something is fishy. It stinks.

Out here in Oregon, where PGE's Trojan nuclear plant is the object of continuous court fights and anti-nuclear demonstrations, and where the government has kept it shut down because the control building doesn't quite meet earthquake resisting specs. PGE is building an uncontested coal-burning power plant in eastern Oregon which will produce half the power of Trojan, and whose power will cost twice as much as Trojan. It will burn 100,000 tons of coal per month. It will go on line two years from now. The two million ton coal storage yard is designed to serve a possible second steam-generating plant in the future.

Meanwhile, a large nuclear power plant sited for eastern Washington has been tied up in contested hearings and red tape for years....



GOOD EVENING, LADIES  
AND GENTLEMEN, HOUSE-  
WIVES AND HOUSEHUSBANDS.  
TODAY A NEW CRISIS HAS  
EMERGED FROM OUR EFFORTS  
TO FIGHT THE ENERGY  
CRISIS. ACROSS THE COUNTRY  
DISHES ARE COLLECTING  
IN THE SINK, UNWASHED,  
AND RUGS LIE DIRTY ON THE  
FLOOR, UNVACUUMED...



The message must surely be getting through to the public and private utility groups: Do not get into nuclear power—you'll lose your shirt and get a bad image; stick to oil and gas for new power plants even if the power costs more. Pass it on to the public.

7-3-78 Gov. Meldrim Thompson says New Hampshire may sue the federal government because of the NRC's order stopping construction of the Seabrook nuclear plant. He called the order "sabotage of the highest order" and added, "Either we're going to change this decision and move Seabrook out in to the light of productivity or it won't be just Seabrook that's closing. The nuclear age will come to a screeching halt and with it the future of America."

I don't like nuclear power. I don't like the ostrich-in-the-sand approach of the government to the nuclear wastes which are accumulating and accumulating... And I don't like the incredible costs of building nuclear plants and then tearing them down after thirty years or so.

But we should use them on an interim basis.

And this well-organized public,

media, and covert government harassment of nuclear power is phoney. It sucks.

# The Supreme Court ruled that "dirty" words on radio is a no-no. The words are not obscene but they do offend, and since TV and radio do not enjoy the full first amendment rights of the printed media, radio and TV stations can be punished by the FCC.

Wow. That's what is known as a thin entering wedge. "Yes, you have the legal right to freedom of expression, but if you use it we may punish you."

The best censorship is self-censorship.

Today fuck, shit, cunt, prick, cock, etc. are "out." And tomorrow, if the FCC commissioners let it be known, discreetly, that they frown on certain "offensive" ideas or people, or organizations.... It only takes a hint.

Welcome to the world of 1984. It is beginning.

7-4-78 I thought I was so clever, two years ago, when I planned a system of sprinkler/soaker hoses to water long, perimeter and central garden plots in the backyard.

But inevitably certain of the little pinprick holes in the hoses don't work right or not at all, and certain areas of the gardens are dry...

And sprinkling always washes off the insect-killing dust I sprinkle on the plants, and the leaves, being wet or damp so often, are subject to a kind of mold... And there is the waste of water....

I am going to do away with the sprinkler hoses and instead use the hose hookups to attach lengths of ordinary hose for "local" spot watering of the individual plants and seed beds. As I mentioned before, this system allows/forces me to examine each plant as I water it, and urges me to prune it, loosen the soil around it, etc.

Oh, yes, this will take a lot more time, but I enjoy, more and more, gardening and yard work.

Two years ago I hammered together

two compost boxes, six feet by about two feet, and a foot high. I began filling them with leaves and weeds and organic garbage from the kitchen. I made sure there were worms in the mess. This year I smoothed their surfaces, added a thin layer of potting soil, and set in a cucumber, two squashes, two tomato plants.

They are all growing like crazy, and part of that may be because the sprinklers don't serve them; I do, by watering can.

I have a new, larger, deeper compost box, now, behind the garage, and it, too, in due time, will become a container garden. Eventually, I hope to change all of the gardens to wooden container type about a foot high, six feet long, and two feet wide. Because such are also easier to work with, as I kneel beside them. Every plant is easy to reach, and is just the right height.

I'm sure I can double my crops in less space and use far less water in the process.

I mention this technique of growing food because it may be necessary for a lot of us to learn to supplement our food stamps in the coming years. And in certain areas water may be precious.

My next garden project is to convert one of the boxes to a miniature greenhouse...or build a new box/greenhouse designed for its function.

7-5-78 I've received several letters from concerned readers commenting on my use of up to 12 aspirin a day. They wonder why I use so much.

I thought I'd mentioned in SFR that I have ever-more-severe arthritis and a damaged disc in my upper spine which also causes its share of pain and discomfort.

Eventually, I suppose, Dr. Meyer will shift me to some other, more effective pain and inflammation-reducing drug.

All these aches and pains are a drag, though. Depressing. And I can see that people would possibly prefer to trade a few years of pain-filled life for pain-free (or nearly-so) time. Death is nature's way of cutting down on the overhead.



7-6-78 I watched with mounting astonishment last night as CBS REPORTS did a number on the multinational companies which make baby formulas (dry) such as Similac.

The report was titled "Into the Mouths of Babes," and showed that some of the babies of poor, ignorant, and stupid Third World women were dying of malnutrition because said mothers were using polluted water to mix these powdered artificial mother's milk formulas. And these poor women were skimping on the proportions, because the formula products cost so much.

Again and again it was said that natural mother's milk is the best food for infants.

So the Big Business products and companies were blamed for the results of local government's don't-give-a-shit attitude toward its people and the local doctors' venality. And the product and its makers are blamed because some women who use the product can't read the instructions...and don't give a real damn if their kids get sick and maybe die. Infanticide has many faces, and the Report did not consider the likelihood that one way to get rid of an unwanted infant is to subconsciously/deliberately misuse a baby formula so that it starves to death and/or dies of associated symptoms.

No, there was an anti-business bias structured into the commentary and the visuals. The corporations were painted as money-hungry and willing to trade lives for profits.

There was also the underlying attitude inherent in Liberal American Opinion: utter contempt for the ignorant, stupid "natives" of other countries, and the assumption of a right to (if necessary) interfere with the internal affairs of any country in the world, in order to Do Good.

This was the latest dishonest, knee-jerk junk Liberal journalism Cause, and was worthy only of contempt from anyone with half a brain.

# There is a spreading terror of minimum competency requirements for high school graduation among the teaching profession and now, it seems, among the well-educated and affluent blacks of the N.A.A.C.P. which is having its con-

vention here in Portland. It is claimed that the new minimum competency requirements that school boards are instituting are encouraging some students to quit school, preventing others from graduating, and assigning others to low ability tracks. Since the inception of competency-based education, there has been evidence that "retracking" of students into ability groups will lead to segregation.

In other words, these blacks think too many black children will be shown to be inferior (for whatever reasons) and they want to avoid that embarrassing admission by avoiding tests and discipline...any real performance comparisons.

They want quotas now, based on race, where a decade ago they were aiming for a color-blind society. They are saying, in effect, that they admit blacks are inherently inferior and cannot as a race match the intelligence of other races.

The Jews and Chinese and Japanese and Spanish Americans don't keep making excuses and demand/plead for special treatment.

So, in their responses to Bakke and competency tests, they show a desire for a guaranteed slice-of-the-pie, a quota, instead of saying okay we'll compete with everyone and win! We'll end up having a majority of blacks in medical schools, based on the best scores and the best-suited-to-be-doctors criteria used now!

Whatever happened to black pride? What black leadership is giving out now is whining, begging, disgusting pleas for special favors.

They make me ashamed for them.

In my view EVERY EFFORT should be made to eliminate discrimination and to assure equal opportunity. And let the chips fall where they may. Seeking ever-greater dependency on federal, state and local government programs is a one-way ticket to the slavery the blacks escaped from after the Civil War. But once you taste that government easy money.... Once you trade your votes for "promises"... Once you kneel down to the bureaucrats with your ass in the air you shouldn't be surprised if you get screwed.

-7-

7-7-78 The Common Market in Europe may eventually move to a common currency—the Europa—which would, it is claimed, rival the dollar for the role of THE international currency. The European Economic Community, now in 'summit' meeting at Bremen, Germany, are considering the project.

If you are of the belief that there is an internal rivalry among the super-wealthy ruling class of the world, between the Rothschild faction based in Europe, and the Rockefeller/Morgan wing based in this country (with resultant competition and maneuvering and "dirty tricks"), then this European common currency idea is a further sign that the Rothschilds are trying to mount a serious challenge of the most fundamental kind.

The only reason the dollar continues as a reserve currency around the world is that there aren't enough marks or Swiss francs to do the job. If a rival currency of sufficient base and volume, a stable currency, were to emerge from an economically united Europe, it undoubtedly would supplant the US dollar, as the dollar supplanted the British pound sterling.

The English could not resist the lure of easy debt and devaluation after World War II, and the sound (at that time) dollar took over. Since then the US government has inflated (devalued) the dollar to the point now that an international financial crisis is at hand.

Whether this 30-year rape of the currency was a deliberate long-term policy of the Big Money ruling clique, or whether it was a natural cycle of economic dynamics is a question I haven't resolved yet. But I tend to the economic cycle theory. Every government in history that has had the power to print money (or clip coins) has succumbed to the lure of debt, if diluting the currency the "easy way" by debasing coins and/or the paper money of the nation.

It always happens, and there are a lot of people who know it always happens and who take advantage of this tendency.

The common people, of course, are always the ones who are victimized, and they always let themselves be suckered by promises of something for nothing.



7-10-78 I'm all for equal rights (and responsibilities) for women...and blacks and chicanos and gays and...umm...who-ever.

But I suspect that the ERA rally in Washington, D.C. Sunday was exaggerated in size considerably by the media. The long-shots I saw of the parade and of the rally at the Capitol grounds looked like 5,000 tops. And the 'estimates' of 50,000 to 100,000 people seemed wildly untenable.

# The 20-person Nazi "rally" in Chicago that required several hundred police to protect them from the counter-demonstrators, was a farce, of course. The question I keep asking myself is why each TV network had to cover it and give it any air-time at all? (I suppose they were hoping for a slaughter of the Nazis. Have pity for the TV newspeople: they have no war to cover, no natural disaster, nobody important has died, and even the Red Brigade is quiet. They're desperate!) (God forbid they should report that the Michigan Prop. 13-type referendum has enough petition signatures to qualify it for the November ballot. The Word may have come down to soft-pedal and ignore the flood of tax resistance activity sweeping this country.)

# Yes, I know that the official Labor Department reported national unemployment rate is now 5.7%, down in one month from 6.1%. But even the Labor Department hedges this by mentioning the 'statistical difficulty' of factoring in the surge of summer workers from the high schools and colleges. Add the usual warping of "seasonal adjustment" that is done to the raw data, and you will probably see an increase to about 6% next month. The official unemployment figures have been increasingly suspect for five years.

What is more important is the continual and continuing decline in the value of the dollar overseas.

And did you note the slap in the face the senate gave President Carter by voting to deny him funds for putting on an oil tax? The poor peanut will go to the European economic summit with senatorial pie on his face, humiliated, powerless. How frightful. How delightful!

7-12-78 Normally I do not agree with Tom Wicker's line of thinking, but in his column today he made a telling civil-liberties point that deserves repeating.

Recently the Supreme Court ruled (you will remember) that police and other law enforcement agencies may search a newspaper office for evidence relating to a crime, even though no one at the newspaper was accused of a crime, provided they (the police) had a warrant from a judge for the search.

In other words, the identity of a confidential source of information cannot be kept legally from the police if they want it badly enough.

BUT—U.S. Attorney General Bell, having refused to turn over his list of confidential informers (and having been ruled in contempt of court) feels it is okay for the government to do so.

The government may keep secret its list of infiltrators, informers and agent-provocateurs (to avoid being sued for 40 million dollars by the Socialist Workers Party), but an investigative reporter may not?

Well, Bell is appealing his contempt citation upward in the federal courts system, and next year we may find out if the Supreme Court thinks sauce for the goose is sauce for the gander.

# My left elbow is swollen and painful. An attack of arthritis, I guess, in a joint not subject to it before. Gad. I'm running out of joints that do not hurt.

#Anyone here remember Dr. Peter Beter? He was the man whose charges of gold looting by the Rockefellers at Fort Knox caused a visit by the media and a few congressmen. (They were shown some.)

He is a Doomsayer among doomsayers. I've been listening to a series of his monthly audio letters (tapes) and he is utterly convinced that 'our secret rulers' have misjudged the evil and power of the Russians. He says that the U.S. had a secret military moon base until late last year when new manned 'killer' satellites and rockets wiped it out and eliminated the Rockefellers' super weapon which could fry any city on Earth. Since then, Beter claims, the Russians

have systematically exploded all of our spy satellites and are in command of space. They hold the U.S.A. in their hands and are demanding virtual capitulation from the ruling clique on our side.

He says the Rockefellers are desperately stalling for time and are planting super-missiles on the ocean floor to create a credible counter-threat....

He claims the secret rulers are about finished looting the U.S.A and are about to move to Europe and let the Russians and U.S.A. have a nuclear war. THEN (the plan was) the secret rulers were to quell the Russians with their sci-fi super weapon on the moon. But they underestimated the Russians and are now vulnerable.

(Of course, if that were all true, their agent, Carter, would not have put aside the neutron bomb and the cruise missile.)

Beter also says there is an underwater cable grid powered by underwater atomic power plants that stretches along the east, west and gulf coasts of the U.S.A., and that our secret rulers are about to make our winters WORSE and cause droughts, floods, etc. This so they can profit in various ways.

He, too, sees a terrible depression in the offing (after the war and after they have run up the price of gold to \$2,000.00 an ounce. Since they now possess most of the world's gold, they will then sell a large chunk of it to the U.S. government which will need it as backing for the currency.

At least, that was the plan until the Russians wiped out the moon super weapon and all the spy satellites.

This man makes me a piker.

Oh, almost forgot—the Russians now (right now!) have 216 orbiting-in-place space stations, armed with super-particle-beam weapons, in position over all major cities of the United States, and hold our fate to ransom. The only way to survive is to move to the countryside....

Got to get this mailed before strike.

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